

## YORK OUTBREAK CONTROL Communications update

7 July 2021



## Key messages



#### Safe Behaviours



Wash hands frequently, for at least 20 seconds.

#### Hands



Air

Meet with others outdoors where possible.



Download the NHS Test & Trace app.



Wear a face covering in enclosed environments.

#### Face



Minimise the number of different people you meet and the duration of meetings, if possible.



Get a test immediately if you have any symptoms.



Maintain space with anyone outside your household or bubble.

#### Space



Air

Let fresh air in.



Self isolate if you have symptoms, have tested positive, or had contact with someone with COVID-19.









#### Phase I

Prevent - Provide updates about the current situation to prevent outbreaks

#### Phase 2

 Respond – Share information in responses to an alert following increased cases and/or change in restrictions

#### Phase 3

Manage the outbreak

#### Phase 4

Safely recover



## A phased approach



|        |   |  | COUNCIL   |
|--------|---|--|---|
| Phases |   | Approach (including aims)  | Timing  |
| I      | Regular updates of current situation to try and prevent outbreaks           | Amplify in phase 2  Share accurate and timely updates: Share key public health messages and updates about the current situation in York, quickly addressing inaccuracies and providing the most up to date information and tools to support behaviour change.  Build advocacy: Work closely with partners to ensure consistent messaging across the city. Share public health actions taken by city partners and public health and show how behaviour changes are supported by partners.   | 15 June 2020: Reopening   |
| 2      | Alert<br>following<br>spike in<br>cases and/or<br>change in<br>restrictions | Build confidence in the steps taken and what people need to do: Share what the city is doing to protect residents and what they need to do to keep others safe and places open. Use case and vaccination data to update residents and businesses on the current position. Demonstrate partnership approach being taken.  Build engagement through conversation: Share messages and updates with residents. Engage audiences to find out how they are feeling and what they need to help the city recover and adapt their behaviours. Work closely with our partners to share insight and ideas.  | 2 December 2020:Tier 2 30 December 2020:Tier 3  |
| 3      | Manage<br>outbreak  | Deliver a regular drumbeat of accurate information: Initiate incident communications toolkit, assign roles and establish the rhythm of the incident, with regular and targeted communications and ongoing social media and website updates.  Signpost support: Update CYC website and signpost support through all channels, responding to social media and providing information for partners to distribute through their channels  Promote unity and community cooperation: Put people first, share stories of the personal impact of covid (MyCovidStory) and of people coming together and showing the very best of themselves and their experience of covid (York Kind)  Target information: Provide residents with targeted information about changes, signpost relevant support services, coordinate information through targeted networks for partners to distribute to their channels | 23 March 2020: Lockdown 2 November 2020: Lockdown 5 January 2021: Lockdown 8 March 2021: step Ia 29 March 2021: step Ib |
| 4      | Safely<br>recover   | Approach as per phase I and 2  | 12 April 2021: step 2<br>17 May 2021: step 3<br>19 July? 2021: step 4?  |

## Communications roadmap



| Communications roadmap                                       |   |                   |   |                   |   | YORK |   |  |  |  |
|--|---|-------------------|---|-------------------|---|------|---|--|--|--|
|  | 2021  |                   |   |                   |   |      |   |  |  |  |
|  | J   | J                 | Α | S                 | 0 | Ν    | D |  |  |  |
| Restrictions   | Step 3  | Step 3<br>Step 4? |   |                   |   |      |   |  |  |  |
| Regular updates / e-newsletters                              | I x weekly  |                   |   |                   |   |      |   |  |  |  |
| Direct publications, Our City                                | Quarterly   |                   |   |                   |   |      |   |  |  |  |
| Facebook live – ask the leaders                              | Monthly   |                   |   |                   |   |      |   |  |  |  |
| Let's be York (Safe reopen) inc. York Kind: Reopen with care | Signage, social, web, PR – to be confirmed following announcement                                 |                   |   |                   |   |      |   |  |  |  |
| Let's be York (keep open)                                    | Outside, social   |                   |   |                   |   |      |   |  |  |  |
| 18-34 yo residents   | PR, social, parti   | ner packs         |   |                   |   |      |   |  |  |  |
| Testing  | Direct, web, social, signage  |                   |   |                   |   |      |   |  |  |  |
| Vaccinations   | Support rollout and potential autumn boosters Social, PR, Web, Signage                            |                   |   |                   |   |      |   |  |  |  |
| #FeelRealYork  | Social media, posters, partner toolkit around men's mental week.                                  |                   |   |                   |   |      |   |  |  |  |
| Return to education  | Support educar  | tion settings     |   | are for<br>n of p |   |      |   |  |  |  |
| #Whatsmynextstep   | PR, social, partner toolkit shared on building in more activity around the home, plus case study. |                   |   |                   |   |      |   |  |  |  |



### ROADMAP STEPS as published 22/02/2021

|                       | Ste   |                                       |   |                               |   | Step 2  |                                |   | <b>S</b> te  | р 3   | Step 4                             |          |  |  |  |
|-----------------------|---|---------------------------------------|---|-------------------------------|---|---|--------------------------------|---|--|---|------------------------------------|----------|--|--|--|
|                       | 8 March 29 March                                    |                                       |   | No earlier than I 2 April     |   |   | No earlier than 17 May         |   | No earlier than 21 June                            |   |                                    |          |  |  |  |
|                       |   |                                       | As sch  | ools break for Easter Holiday | s | 5 weeks after step I                              |                                | 5 weeks after step 2                      |  | 5 weeks a   | íter step 3                        |          |  |  |  |
| Education             | Schools and colleges open for all students          | Practical Higher<br>Education Courses |   |                               |   |   |                                |   |  |   |                                    |          |  |  |  |
|                       |   |                                       | 0   | :                             |   | All Retail  | Personal care                  |   |  |   |                                    |          |  |  |  |
|                       | Wraparound care, including sport, for all children. |                                       | Organised outdoor sport (children and adults)  Outdoor sport and leisure facilities  All outdoor children's activities  Outdoor parent & child group (up to 15 aged 5+) |                               |   | Libraries & Community Centres                     | Most outdoor attractions       |   | Indoor hospitality  Organised indoor sport (adult) | Indoor entertainment and attractions  Remaining outdoor accommodation | Remaining businesses,              |          |  |  |  |
| Business / activities |   |                                       |   |                               |   | Indoor leisure inc. gyms<br>(individual use only) | Self-contained accommodation   |   |  |   | including Nightclubs.              |          |  |  |  |
|                       |   |                                       |   |                               |   | All children's activities                         | Outdoor<br>hospitality         |   | Remaining  |   |                                    |          |  |  |  |
|                       |   |                                       |   |                               |   | Indoor parent & child groups (up to 15 aged 5+)   |                                |   | accommodation                                      |   |                                    |          |  |  |  |
| Social<br>contact     | OUTSIDE   | Exercise and recreation with + I      | Rule of 6 or 2 Households   |                               |   | Rule of 6 or 2 Households                         |                                |   | Maximum 30 people                                  |   | No legal limit                     |          |  |  |  |
| contact               | INSIDE  | Household only                        | Household only  |                               |   | Household only                                    |                                |   | Rule of 6 or 2 Households (subject to review)      |   | No legal limit                     |          |  |  |  |
|                       | DOMESTIC  | Stay at Home                          | Minimise travel   |                               |   | Domestic overnight stays (household only)         |                                | Domestic                                  |  |   | overnight stays                    |          |  |  |  |
| Travel                | INT'L   | No international holidays             | No international holidays   |                               |   | No international holidays                         |                                | Subjec                                    |  |   | ct to review                       |          |  |  |  |
|                       | LIFE<br>EVENTS                                      |                                       | Funerals: 30<br>Weddings and wakes: 6   |                               |   | Funerals: 30<br>Weddings, wakes, receptions: 15   |                                |   | Most significan                                    | t life events: 30   | No legal limit (subject to review) |          |  |  |  |
| Larger<br>events      | OTHER<br>EVENTS                                     | · · · · · · · · · · · · · · · · · · · |   |                               |   | Event pilots                                      | Small organised outdoor events |   | Outdoor ever                                       | s 1000 or 50%<br>hts 4000 or 50%                                      | Larger events (si<br>review)       | bject to |  |  |  |
|                       |   |                                       |   |                               |   |   |                                | Large seated outdoor venues 10,000 or 25% |  |   |                                    |          |  |  |  |



# Phase I Regular update of current situation to try and prevent outbreaks



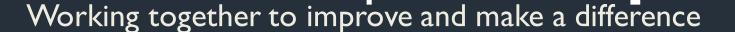


## Share accurate and timely messaging

15 of 36 press releases COVIDrelated; significant focus on recovery comms

27 / 79 media enquiries COVIDrelated

| 02/07/2021 | York thanks residents for their efforts during pandemic   |
|------------|---|
| 01/07/2021 | New campaign to help residents' fitness ready for lockdown lifting  |
| 22/06/2021 | Facebook Live Q&A for School Leavers taking place June 23rd   |
| 21/06/2021 | York parents encouraged to Look Say Sing Play at Acomb Explore  |
| 18/06/2021 | Citywide surveys to help plan York Education Futures  |
| 18/06/2021 | Our Big Conversation is back – take the survey today to shape York's future!  |
| 17/06/2021 | Micro grants' positive impact inspires new support for city festivals   |
| 16/06/2021 | Free health and wellbeing support   |
| 14/06/2021 | City of York Council's response following Prime Minister's announcement   |
| 10/06/2021 | City supports Community Renewal Fund  |
| 09/06/2021 | Money available for York businesses looking to hire apprentices for winter  |
| 08/06/2021 | Council to hand out more tests to York residents  |
| 07/06/2021 | Businesses urged to support employees to be vaccinated  |
| 01/06/2021 | Council once again encouraging regular Covid testing as staff prepare to hand out free tests in key areas across York |
| 28/05/2021 | UPDATED: A message of thanks ahead of Volunteers' Week  |



## Build confidence in the steps taken and what people need to do

The council works closely with partners and uses different channels to reach as many people as possible.

## Our regular communications (increasing registrations throughout the month by %):

- I x weekly email updates to members and partners (130 recipients)
- I x weekly resident e-newsletter (2,337 recipients + < 1%)</li>
- Weekly business e-newsletter (1,587 recipients + <1%)</li>
- Weekly families e-newsletter (1,120 recipients + <1%)</li>
- Regular press releases and media interviews
- Social media campaigns
- Facebook live: School leavers Q&A
- 23/06/21 669 views, 3 shares, 11 reactions, 1424 reach



### Regularly share case data and vaccination update







| Step and potential dates   | What this means (summary). For full details go to the roadmap  | Actions (beyond the regular rhythm)   | Challenges   | Key messages  |  |  |
|--|--|---|--|---|--|--|
| Step I –<br>8 March<br>Could be<br>announced I<br>March                    | <ul> <li>Schools and colleges open for all students</li> <li>Some practical HE courses return</li> <li>Funerals (30) and wakes and weddings (6)</li> <li>Exercise outside with one other person</li> <li>No indoor mixing</li> </ul>   | <ul><li>Facebook Live</li><li>Information to parents</li><li>Media briefing</li></ul>   | <ul><li>Testing</li><li>Parental anxiety</li><li>Complacency</li></ul>   | <ul> <li>Stay at home</li> <li>Hands, Face,</li> <li>Space</li> <li>Get tested</li> <li>Let's keep going</li> </ul> |  |  |
| Step 1b –<br>No sooner<br>than 29 March<br>Announced by<br>22 March        | <ul> <li>Rule of six or two households outdoors</li> <li>Outdoor sport and leisure facilities reopen</li> <li>Organised outdoor sports return</li> <li>Outdoor parent and child groups (15)</li> <li>Minimise travel, no holidays</li> </ul>   | <ul> <li>Open space/parks signage</li> <li>Map/graphic about local with York in the centre?</li> <li>Community groups/sports briefing (what can do)</li> </ul>  | <ul> <li>What is local?</li> <li>Return of sport</li> <li>Parent and child groups</li> <li>Rule of 6</li> <li>Staff health and safety</li> </ul>   | <ul><li>Stay local</li><li>Hands, Face,</li><li>Space</li></ul>   |  |  |
| Step 2 –<br>No sooner<br>than I 2 April<br>Announced by<br>5 April         | <ul> <li>Still no indoor mixing, rule of 6 outside</li> <li>Reopening of retail, leisure and outdoor hospitality</li> <li>Domestic overnight stays (household only)</li> <li>Indoor parent and child groups (15)</li> <li>Funerals (30), Weddings and wakes (15)</li> <li>By 15 April all phase 1 offered vaccine</li> </ul>   | <ul> <li>Media briefing</li> <li>Information for businesses</li> <li>City centre and district signage</li> <li>Litter campaign</li> <li>Partner briefing</li> <li>Direct comms to residents</li> </ul>  | <ul> <li>Lots reopening</li> <li>Team capacity as this is around Easter break</li> <li>Domestic tourism</li> <li>Business support and café licences</li> <li>Unis face to face learning increases</li> </ul>     | - Hands, Face,<br>Space, air  |  |  |
| Step 3 –<br>No sooner<br>than 17 May<br>Announced by<br>10 May<br>Our City | <ul> <li>Indoor entertainment and attractions (including pubs)</li> <li>30 people outdoors, rule of 6/two households indoors (under review)</li> <li>Life events, inc weddings (30)</li> <li>Outdoor entertainment performances</li> <li>Return of crowds (indoor is 1,000 or 50% capacity, outdoor 4,000 or 50%)</li> <li>International travel (subject to review)</li> </ul> | <ul> <li>Facebook live</li> <li>Media briefing</li> <li>Stadium signage</li> <li>Live well York update?</li> <li>Pub signage</li> <li>Registrar / Crem signage</li> <li>Animation about fresh air</li> <li>What you can do outside</li> <li>Partner briefing</li> </ul> | <ul> <li>Live spectator sports</li> <li>Indoor mixing</li> <li>Tourism</li> <li>Up to 30 outside</li> <li>Pubs open to indoor trade</li> <li>Furlough support for affected staff</li> <li>Complacency</li> </ul> | <ul> <li>Hands, Face,</li> <li>Space and air</li> <li>Meet outdoors if</li> <li>you can</li> </ul>                  |  |  |
| GOVER Step 4 – No sooner than 19 July Announced by 12 July                 | <ul> <li>NMENT REVIEW ON THE FUTURE OF HANDS</li> <li>No legal limits on contact and life events</li> <li>Larger events</li> <li>Nightclubs</li> </ul>   | , FACE, SPACE AND HOW V<br>Open letter to residents?<br>COVID safe celebration pack   |  | - Be kind - Respect different levels of comfort with easing of restrictions   |  |  |



### Phase 2

## Alert – following change in restrictions



## Build confidence in the steps taken and what people need to do

Reminding residents what they can do (safe behaviours) to help stop the spread of the virus and keep homes and families in York safe

#### Delay to roadmap

#### **Communications objectives:**

Think: there are things to do and support available

Feel: supported and engaged and more control over own safety

**Do:** follow hands, space, face, air to help keep everyone

safe

Press release, web Partner, resident and business updates Shared partner messages Social Our City - back page advert of resident engagement issue







#### We've all got a part to play to keep the people and places we love safe

Make testing part of your routine. How can I access symptom-free testing?

Get tested at one of our testing centres across the City

Collect home testing kits from our testing centres

Order home testing kits to be delivered to your home

www.york.gov.uk/ **SymptomFreeCOVIDTest** 01904 551559





'There are still reasons to be optimistic' says York council boss – as end of Covid restrictions delayed



Build confidence in the steps taken

and what people need to do

Reminding residents what they can do (safe behaviours) to help stop the spread of the virus and keep homes and families in York safe

#### Rising cases

Daily tweet Letter to parents, headteachers with practical advice Reactive media enquiries Share key messages – focus on jabs and testing



Customer and Corpo Public Health West Offices Station Rise

Office of the Directo

Date: 29 June 2021

York YOI 6GA



Dear Headteacher,

#### Subject: Keeping cases down in York schools

Thank you for your continued efforts in pupils and staff.

As you will be aware the new Delta vaits here in York. It is more transmissible seeing a rise in cases, particularly amo

Station Rise York YOI 6GA

Date: 29 June 2021



#### Subject: Keeping cases down in York schools

As we near the end of the most challenging academic year imaginable we wanted to say a huge thank you for your continued support.

You have home-schooled, self-isolated when asked and carried out regular tests to help keep your school community and the wider city safe.

As you will be aware the new Delta variant is spreading across the country and is here in York. It is more transmissible than we have seen before and we are seeing a rise in cases, particularly among those groups who are unvaccinated.



There have been so many changes to our lives over the past few weeks because of Coronavirus. This can make it difficult to speak to the people we want to, to get support from our families and friends, or to know where to go for advice.

#### Coronavirus and your wellbeing

You might be feeling overwhelmed, sad, or anxious about the coronavirus outbreak, or about something else, and feel worried about yourself, or your family and friends.

This is completely normal – things keep changing as we learn more about the virus, schools are still not open for everyone, and people are social distancing to protect themselves and others.

You can find lots of helpful information at:

vounaminds ora

yorkmind.org.uk/how-we-help/young-peoplesservice-covid-19-response

or text York Mind on 07483 167931 to speak to an advisor

#### Health

Our school nurses can help with information and advice about a wide range of health issues, including physical, emotional and sexual

You can get in touch with them confidentially by texting or calling 07833 437363, 8.30am-5pm, Monday- Friday.

yor-ok.org.uk/families/5-18 years old



#### Feeling unsafe or in need of extra support

If you feel unsafe or need extra support, or you are worried about the safety of others, there is help available.

To get information, support or to speak to someone in

confidence, the Young People's Information Service can help. Telephone: 01904 555400 (Mon - Fri 10am - 4pm)

Email: fis@york.gov.uk Text 07624 8022

You can also call Childline on **0800 1111** 

childline.org.uk

Or if you or another young person are in immediate danger, call the

#### police on 999

Get advice about keeping you and your friends safe online at

thinkuknow.co.uk

#### General information and advice

If you're a mum, dad, carer or young person and have a question, our Family Information Service & Young People's telephone lines are there to help. Contact them by:

Telephone: York Family Information Service on <u>01904 554444</u> or the Young People's Information Service on <u>01904 555400</u> (Mon - Fri I 0am - 4pm)

Email: fis@york.gov.uk Text 07624 802244

You can also find lots of helpful information at:

themix.org.uk

bbc.co.uk/newsround

## Build confidence in the steps taken and what people need to do

#### **Testing**

Our City
Resident update / partner brief
Community testing handout door to door testing and leaflet
Letter to parents – shared by
schools
Social
Direct communications to
residents
Shared NHS/CCG messaging
More planned





to play to keep the





Let's be York

#### Covid tests

- Use home tests for anyone aged 11 and over with **no** Covid symptoms
- ☑ Do not use home tests on children under 11
- If you or your child have Covid symptoms, book at: gov.uk/get-coronavirus-test



## Build confidence in the steps taken and what people need to do

#### **Vaccinations**

open in York - as cases soar

25 Jun 2021 @ 7.59 am in Health

YorkMix



Media / regular communications inc. facebook live and resident newsletter Partner communications
Shared NHS/CCG communications
Business bulletin to city employers
Media relations

Promoted vaccinations to next groups Shareable information at vaccinate sites











## Build confidence in next steps people



### need to rebuild fitness

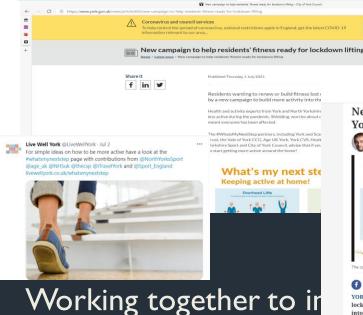
Physical health - deconditioning

What's my next step? Keeping active at home!













Campaign launched 28 June 2021: PR, articles, case studies, social media, videos, LiveWellYork webpage.

Media coverage: York Press article plus interviews on Radio York and Greatest





### Phase 4

## Safely recover



Throughout June, PHE Behavioural Insight Science Unit interviewed residents and a business and developed key recommendations. We have discussed these with the Tourist Advisory Board

#### Build engagement through conversation



#### 25 March 2021

Held zoom webinar for business with outside space

- Promoted through corporate and partner channels
- 66 registered attendees

#### 19-20 April 2021/10-11 May 2021

4 x focus groups arranged for businesses to discuss direct with PHE behavioural science unit 28 participants to be significant – only 6 registrations (34 web views) - this stage has been cancelled

#### 30 April - 4 May 2021

Holding interviews with residents and visitors, and invited businesses who registered for focus groups 15 registered interest, 8 interviews have taken place

May - Our City survey for all residents

June – businesses invited to comment on proposals ahead of installation through usual meeting rhythm (to make as easy to contribute as possible)

and make a difference

## Behavioural trial – amended plan

The trial will be in stages timed around key reopening dates:

- Prior to 29 March PHE Behavioural science unit reviewed the existing signage and proposed changes. Signage was revised and was installed for 29 March and then, additional signage, for 12 April.
- Prior to 17 May focus groups with businesses are not going ahead (over 34 viewed webpages, with 6 registered need 28 to be significant). Instead PHE will continue to interview residents/visitors to the city about their experiences together with the Our City survey for all residents. Businesses were invited to comment on PHE proposals through the normal meeting cycle.
- Prior to 21 June tourist and resident insight together with business comments will inform refined signage together with recommendations about the interventions installed across the city
- During the summer, we will poll businesses about how visitors are behaving in open spaces in light of the changes and whether the insight has made a difference.



## PHE BSI Key recommendations

#### Reduce

- Reduce congestion
  - Direct people to less busy areas using marshals/signs/maps
  - Ensure queues are social distanced and separate from those walking by
  - Use keep left/right signs, keep clear signs and one-way systems wisely

#### **Improve**

- Improve signs and one-way systems
  - More prominent/bigger signs and one-way systems
  - Ensure signs explain why certain behaviours are encouraged

#### **Encourage**

- Encourage protective behaviours
  - Maintain gel dispensers, make them prominent and widely available
  - More outdoor seating and Covid-19 marshals to encourage adherence

#### Support

- Support businesses
  - Reinforce importance of ventilation and social distancing
  - Financial support and Covid-19 marshals to encourage adherence







Working together to improve and make a difference